**Morning ritual, affirmations and gratitudes**

Every morning as I wake, I vision my new day as I want it to be, say at least ten things that I am grateful for and look at my goals and say them out aloud. I also say these specific affirmations, and gratitudes.

I am in control

I am calm

I am a valuable person

I am rich, I am deeply loved, I am worthy

I can handle anything today brings

I am always in the right place at the right time

I am always presented with new opportunities to better myself

I am perfect in every way

Great things always happen around me

My place of work is a harmonious place to work

My client base is increasing fast

Money flows often and easily to me

I always have more than enough money

My workshops are oversubscribed and my business easily attracts paying clients

I am grateful of the world and it’s magic

I am grateful of the people in my life

I am grateful of bad times as they make me appreciate good times

I am grateful of my body and it’s ability to get me through the day with little or no appreciation for the magical way it works

I am grateful of my good health

Thank you, thank you, thank you for connecting me with who I need to be connected with today.

I am abundant in every good way. Infinite money is mine to earn, save, invest and exponentially multiply and share. My abundance is making everyone better off. I embrace abundance and abundance embraces me.

I now recognise my creativity and I honour it

Love is all I need to fix my world

I communicate with love and attract loving experiences and people to me

I appreciate the beautiful world I live in

My thoughts weave the tapestry of my life

I give myself permission to prosper

I am always willing to take the next step

I connect with the Power that created me

I am in the rhythm and flow of an ever changing life

My love and acceptance of others creates lasting friendships

I bless others good fortune and know that there is plenty for all

The love I give is the love I receive